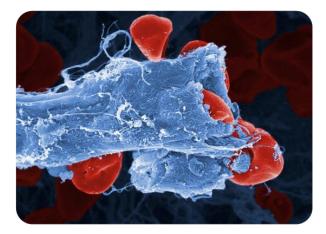
Chapter 23

The Circulatory, Respiratory, Digestive, and Excretory Systems Worksheets



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- Lesson 23.1: The Circulatory System
- Lesson 23.2: The Respiratory System
- Lesson 23.3: The Digestive System
- Lesson 23.4: The Excretory System

23.1 The Circulatory System

Lesson 23.1: True or False

Name	Class	_ Date
Write true	if the statement is true or false if the statement is false.	
1	. The heart has four chambers: two upper ventricles and two lower a	atria.
2	. Cap <mark>illaries are the</mark> largest of the blood vessels.	
3	. <mark>High blood pressure is also known as hyper</mark> tension.	
4	Blood is a connective tissue.	
5	. The systemic circulation carries blood between the heart and body	7.
6	. The pulmonary circulation carries blood between the heart and be	ody.
7	White blood cells carry oxygen in the blood.	
	A heart attack occurs when the blood supply to part of the heart is	blocked and cardiac muscle
tissue dies.		
9	. Cells in blood include red blood cells, white blood cells, green blood	od cells, and platelets.
	0. ABO blood type is determined by three common antigens, often	referred to as antigens A,
B, and O.		
1	1. Smoking contributes to the development of atherosclerosis.	
1	2. Blood pressure is highest in the veins and lowest in the arteries.	
1	3. The leading cause of cardiovascular disease is atherosclerosis.	
1	4. Platelets release chemicals that are needed for blood clotting.	
1	5. Diseases of the heart and blood vessels are very common.	

Lesson 23.1: Critical Reading

Name

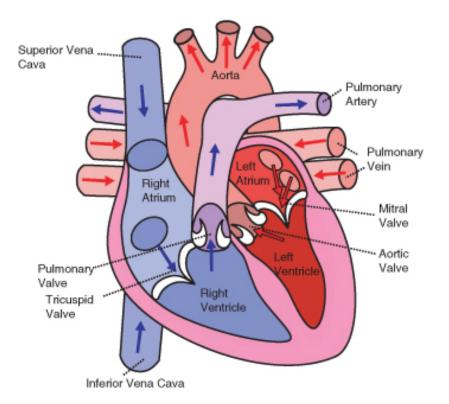
Class

Date

Read these passages from the text and answer the questions that follow.

The Heart

The heart is a muscular organ in the chest. It consists mainly of cardiac muscle tissue and pumps blood through blood vessels by repeated, rhythmic contractions. The heart has four chambers, as illustrated below: two upper atria (singular, atrium) and two lower ventricles. Valves between chambers keep blood flowing through the heart in just one direction.



The chambers of the heart and the valves between them are shown here. (Image courtesy of Wapcaplet and Yaddah and under GNU-FDL 1.2.)

Blood Flow Through the Heart

Blood flows through the heart in two separate loops, which are indicated by the arrows in the figure above.

- 1. Blood from the body enters the right atrium of the heart. The right atrium pumps the blood to the right ventricle, which pumps it to the lungs. This loop is represented by the blue arrows in the figure above.
- 2. Blood from the lungs enters the left atrium of the heart. The left atrium pumps the blood to the left ventricle, which pumps it to the body. This loop is represented by the red arrows in the figure above.

Heartbeat

Unlike skeletal muscle, cardiac muscle contracts without stimulation by the nervous system. Instead, specialized cardiac muscle cells send out electrical impulses that stimulate the contractions. As a result, the atria and ventricles normally contract with just the right timing to keep blood pumping efficiently through the heart.

1. What is the role of the heart?

2. The ______ chambers of the heart are: ______ , _____ , _____ ,

3. What is the main difference between the right side and left side of the heart?

4. What causes the heart to beat? Describe how this occurs.

Lesson 23.1: Multiple Choice

Name

_ Class_____

Date

Circle the letter of the correct choice.

- 1. The materials carried by the circulatory system include which of the following? (1) blood, (2) hormones, (3) oxygen, (4) cellular wastes.
 - (a) 1 only
 - (b) 1 and 2
 - (c) 1, 2, and 3
 - (d) 1, 2, 3, and 4
- 2. The correct order of blood flow is
 - (a) aorta \rightarrow right atrium \rightarrow right ventricle \rightarrow lungs \rightarrow left atrium \rightarrow left ventricle \rightarrow vena cava.
 - (b) vena cava \rightarrow right atrium \rightarrow right ventricle \rightarrow lungs \rightarrow left atrium \rightarrow left ventricle \rightarrow aorta.
 - (c) vena cava \rightarrow left atrium \rightarrow left ventricle \rightarrow lungs \rightarrow right atrium \rightarrow right ventricle \rightarrow aorta.
 - (d) a orta \rightarrow left atrium \rightarrow left ventricle \rightarrow lungs \rightarrow right atrium \rightarrow right ventricle \rightarrow vena cava.
- 3. The major blood vessels include
 - (a) arteries.
 - (b) veins.
 - (c) capillaries.
 - (d) all of the above.
- 4. Which statement is correct?
 - (a) The pulmonary circulation carries blood between the heart and lungs, while the systemic circulation carries blood between the heart and body.
 - (b) The systemic circulation carries blood between the heart and lungs, while the pulmonary circulation carries blood between the heart and body.
 - (c) The systemic circulation carries blood between the heart and lungs, while the pulmonary circulation carries oxygen between the heart and body.
 - (d) The pulmonary circulation carries oxygen between the heart and lungs, while the systemic circulation carries blood between the heart and body.
- 5. Atherosclerosis
 - (a) occurs when the blood supply to part of the heart muscle is blocked.
 - (b) is the buildup of plaque inside arteries.
 - (c) consists of cell debris, cholesterol, and other substances.
 - (d) all of the above
- 6. Blood
 - (a) in veins carries carbon dioxide and nutrients, while blood in arteries carries oxygen and other wastes.
 - (b) in veins carries oxygen and nutrients, while blood in arteries carries carbon dioxide and other wastes.
 - (c) in arteries carries oxygen and nutrients, while blood in veins carries carbon dioxide and other wastes.
 - (d) in arteries carries carbon dioxide and nutrients, while blood in veins carries oxygen and other wastes.
- 7. Plasma includes

- (a) white blood cells.
- (b) red blood cells.
- (c) platelets.
- (d) all of the above.
- 8. Roles of blood include which of the following? (1) defending the body against infection, (2) repairing body tissues, (3) transporting water from the lungs to body cells (4) controlling the body's pH.
 - (a) 1 and 2
 - (b) 1, 2, and 3
 - (c) 1, 2, and 4
 - (d) 1, 2, 3, and 4

Lesson 23.1: Vocabulary I

Name	Class	Date
Match the vocabulary word	with the proper definition.	
Definitions		
1. the smallest ty	pe of blood vessel	
2. the part of the	circulatory system that carries blood b	between the heart and body
3. diseases of the	heart and blood vessels	
4. transports mat	erials from one place to another	
5. blood vessel th	at carries blood toward the heart	
6. carries oxygen		
7. a fluid connect	ive tissue	
8. muscular blood	l vessel that carries blood away from th	e heart
9. the buildup of	plaque inside arteries	
10. the fluid part	of blood	
$_$ 11. the part of th	e circulatory system that carries blood	between the heart and lungs
12. occurs when t	he blood supply to part of the heart mus	scle is blocked and cardiac muscle fibe
die		
Terms		
a. artery		
b. atherosclerosis		
c. blood		
d. capillary		
e. cardiovascular disease		
f. circulatory system		
g. heart attack		
h. plasma		
i. pulmonary circulation		
j. red blood cell		
k. systemic circulation		
l. vein		

Lesson 23.1: Vocabulary II

Name	_ Class	Date
Fill in the blank with the appropriate term.		
1. Red blood cells contain	, a protein w	rith iron that binds with oxygen.
2. The most commonly known blood types	are the	and Rhesus blood types.
3. The exchange of gases between cells and	blood takes place	e across the thin walls of
4. Cardiac muscle contracts without stimula	ation by the	system.
5. Platelets are cell fragments involved in b	olood	·
6. The main components of the circulatory	system are the h	neart, blood vessels, and
7. The has four chamb	oers: two upper a	atria, and two lower ventricles.
8. Arteries are muscular vessels that carry 1	blood	from the heart.
9 circulation is the p heart and body.	part of the circu	latory system that carries blood between the
10. Pulmonary circulation is the part of the	e circulatory sys	tem that carries blood between the heart and
11 generally carry dec	oxygenated blood	d.
12 is the buildup of p	olaque inside arte	eries.

Lesson 23.1: Critical Writing

Name___

_____ Class_____ Date_____

Thoroughly answer the question below. Use appropriate academic vocabulary and clear and complete sentences.

Define and outline pathways of the pulmonary and systemic circulations.

23.2 The Respiratory System

Lesson 23.2: True or False

Name_	Class	Date
Write to	rue if the statement is true or false if the statement is false.	
	$_$ 1. The exchange of gases between the body and the outside a	ir is called breathing.
	$_2$ 2. Respiration begins with gas exchange.	
	$_{-}$ 3. Respiration and cellular respiration are different.	
	_4. Pulmonary gas exchange occurs in the alveoli of the lungs.	
	$_$ 5. As thma is a disease in which the air passages of the lungs	periodically become too large.
the bod	_ 6. Oxygenated blood is transported by the respiratory system y.	n from lungs to tissues through
	$_{-}$ 7. The mouth is an organ of the respiratory system.	
	$_$ 8. Ventilation is the process of moving air into and out of the	e lungs.
	9. Pulmonary gas exchange is the exchange of gases between	inhaled air and the blood.
	$_$ 10. The heart pumps the oxygen-rich blood into your veins, w	which carry it throughout the bo
	$_{-}$ 11. Body cells have a much higher concentration of oxygen that	n blood in the peripheral capillar
	_ 12. The regular, rhythmic contractions of the diaphragm are	controlled by the brain stem.
where it	_ 13. Carbon dioxide from body cells travels in the blood ba is inhaled again.	ck to the heart, then to the lu
	$_$ 14. Emphysema is a lung disease usually caused by smoking a	and is irreversible.
	_ 15. Gas exchange is extremely important in maintaining hom	eostasis.

Lesson 23.2: Critical Reading

Name

Class

Date

Read these passages from the text and answer the questions that follow.

Journey of a Breath of Air

Take in a big breath of air through your nose. As you inhale, you may feel the air pass down your throat and notice your chest expand. Now exhale and observe the opposite events occurring. Inhaling and exhaling may seem like simple actions, but they are just part of the complex process of respiration, which includes these four steps:

- 1. Ventilation.
- 2. Pulmonary gas exchange.
- 3. Gas transport.
- 4. Peripheral gas exchange.

Ventilation

Respiration begins with **ventilation**. This is the process of moving air in and out of the lungs. The **lungs** are the organs in which gas exchange takes place between blood and air.

- Air enters the respiratory system through the nose. As the air passes through the nasal cavity, mucus and hairs trap any particles in the air. The air is also warmed and moistened so it won't harm delicate tissues of the lungs.
- Next, the air passes through the **pharynx**, a long tube that is shared with the digestive system. A flap of connective tissue called the epiglottis closes when food is swallowed to prevent choking.
- From the pharynx, air next passes through the **larynx**, or voice box. The larynx contains vocal cords, which allow us to produce vocal sounds.
- After the larynx, air moves into the **trachea**, or wind pipe. This is a long tube that leads down to the chest.
- In the chest, the trachea divides as it enters the lungs to form the right and left bronchi. The bronchi contain cartilage, which prevents them from collapsing. Mucus in the bronchi traps any remaining particles in air. Tiny hairs called cilia line the bronchi and sweep the particles and mucus toward the throat so they can be expelled from the body.
- Finally, air passes from the bronchi into smaller passages called bronchioles. The bronchioles end in tiny air sacs called alveoli.

Questions

- 1. Describe the journey of air during ventilation.
- 2. What happens to air in the nasal cavity?
- 3. What is the role of the larynx?

4. What happens in the bronchi?

5. Where are the alveoli located?

Lesson 23.2: Multiple Choice

Class____

Date

Circle the letter of the correct choice.

- 1. The functions of the respiratory system include which of the following? (1) bringing air containing oxygen into the body, (2) releasing carbon dioxide into the atmosphere, (3) exchanging oxygen with carbon dioxide in blood cells, (4) transporting oxygen to cells throughout the body.
 - (a) 1 only
 - (b) 1 and 2
 - (c) 1, 2, and 3
 - (d) 1, 2, 3, and 4
- 2. The four steps of respiration are
 - (a) ventilation, central gas exchange, gas transport, peripheral gas exchange.
 - (b) ventilation, pulmonary gas transport, gas exchange, peripheral gas transport.
 - (c) ventilation, pulmonary gas exchange, gas transport, peripheral gas exchange.
 - (d) breathing, pulmonary gas exchange, central gas exchange, peripheral gas exchange.
- 3. Inhaling
 - (a) occurs when the diaphragm contracts.
 - (b) occurs when the diaphragm relaxes.
 - (c) is the exchange of gas between blood cells and the lungs.
 - (d) is when oxygen in the air is drawn into the body and carbon dioxide is released from the body.
- 4. Respiration begins with
 - (a) gas transport between the mouth and the atmosphere.
 - (b) ventilation, the process of moving air in and out of the lungs.
 - (c) ventilation between the lungs and the blood.
 - (d) gas exchange between the lungs and the blood.
- 5. Ventilation involves which organs?
 - (a) the larynx, pharynx, and trachea
 - (b) the lungs, larynx, pharynx, and trachea
 - (c) the heart and lungs, larynx, pharynx, and trachea
 - (d) the heart, blood and lungs, larynx, pharynx, and trachea
- 6. Gas exchange occurs
 - (a) in the lungs, between the blood and the air.
 - (b) in the alveoli of the lungs, between the peripheral capillaries and lung cells.
 - (c) in the alveoli of the lungs, between the peripheral capillaries and body cells.
 - (d) all of the above
- 7. Emphysema
 - (a) results in less gas can be exchanged in the lungs.
 - (b) is caused by smoking and is irreversible.
 - (c) causes shortness of breath.
 - (d) all of the above
- 8. Asthma occurs when the
 - (a) some of the alveoli of the lungs fill with fluid so gas exchange cannot occur.
 - (b) air passages of the lungs periodically become too narrow, often with excessive mucus production.

- (c) walls of the alveoli break down so less gas can be exchanged in the lungs.
- (d) all of the above

Lesson 23.2: Vocabulary I

	Class	Date
Match the vocabulary word with	the proper definition.	
Definitions		
1. the voice box		
2. the exchange of gase	es between the body and the ou	tside air
3. a long tube that is s	shared with the digestive system	n
4. a disease in which t	he air passages of the lungs peri	iodically become too narrow
$_$ 5. the wind pipe		
6. tiny air sacs in the l	lungs	
7. the organs in which	gas exchange takes place betwe	een blood and air
8. the body system that into the atmosphere	at brings air containing oxygen	into the body and releases carbon dioxide
9. a disease in which s	ome of the alveoli of the lungs f	ill with fluid
10. the metabolic proc	cess by which cells obtain energy	Ŷ.
11. the process of mov	ing air in and out of the lungs	
12. a lung disease in w	which walls of the alveoli break of	lown
Terms		
a. alveoli		
b. asthma		
c. cellular respiration		
d. emphysema		
e. larynx		
f. lungs		
g. pharynx		
h. pneumonia		
i. respiration		
j. respiratory system		
j. respiratory system k. trachea		

Lesson 23.2: Vocabulary II

Name	Class	Date
Fill in the blank with the	e appropriate term.	
1. Respiration begins wi	th	
2. Gas exchange is neede	ed to provide cells with the	they need for cellular respiration.
3. Tiny air sacs in the lu	ngs are known as	
4. Inhaling is an active n	movement that results from the con-	ntraction of a muscle called the
·		
5. Asthma is a disease i excessive mucus product		become narrow, often with
6. The	is also known as the wind pipe	».
7. Emphysema is usually	v caused by a	nd is irreversible.
8. The	is also known as the voice box	
9. The	pumps oxygen-rich blood into	arteries.
10	gas exchange is the exchange of ga	ases between inhaled air and the blood.
11	is a disease in which some of the al	veoli of the lungs fill with fluid so gas exchange
cannot occur.		
12. Oxygen	from the peripheral capill	aries into body cells.

Lesson 23.2: Critical Writing

Name_

_____ Class_____ Date_____

Thoroughly answer the question below. Use appropriate academic vocabulary and clear and complete sentences.

Define respiration, and explain how it differs from cellular respiration.

23.3 The Digestive System

Lesson 23.3: True or False

Name_	Class	Date
Write tr	ue if the statement is true or false if the statement is false.	
	1. To get glucose from food, digestion must occur.	
	2. Chemical digestion is the physical breakdown of chunks of	of food into smaller pieces.
	3. The GI tract is one long tube that connects your mouth	to your anus.
	4. The small intestine is part of the GI tract and is about 2	3 feet long in adults.
	5. Mechanical digestion occurs mainly in the small intestine).
	6. Shellfish and chicken cause common food allergies.	
	7. Your mouth is an organ of the digestive system.	
through	8. Absorption is the process in which nutrients pass into the bout the body.	bloodstream, where they can circula
	9. Nutrients the body needs in relatively small amounts are	called macronutrients.
	10. The major salivary enzyme is maltase, which aids in the	e digestion of carbohydrates.
	11. Minerals are chemical elements that are essential for life	2.
	12. Most nutrients are absorbed into the blood in the jejun	um.
	13. Most chemical digestion takes place in the stomach.	
	14. According to MyPyramid, ice cream and chips can be e	aten every day.
	15. Most people can survive only a few days without carbol	hydrates.

Lesson 23.3: Critical Reading

Name

 $Class_{-}$

Date

Read these passages from the text and answer the questions that follow.

Digestion and Absorption: The Small Intestine

The small intestine is a narrow tube about 7 meters (23 feet) long in adults. It is the site of most chemical digestion and virtually all absorption. The small intestine consists of three parts: the duodenum, jejunum, and ileum.

Digestion in the Small Intestine

The duodenum is the first and shortest part of the small intestine. Most chemical digestion takes place here, and many digestive enzymes are active in the duodenum (see **Table 23.1**). Some are produced by the duodenum itself. Others are produced by the pancreas and secreted into the duodenum.

Enzyme	What It Digests	Where It Is Made
Amylase	carbohydrates	pancreas
Trypsin	proteins	pancreas
Lipase	lipids	pancreas
Maltase	carbohydrates	duodenum
Peptidase	proteins	duodenum
Lipase	lipids	duodenum

Table 23.1: Digestive Enzymes Active in the Duodenum

The **liver** is an organ of both digestion and excretion. It produces a fluid called **bile**, which is secreted into the duodenum. Some bile also goes to the **gall bladder**, a sac-like organ that stores and concentrates bile and then secretes it into the small intestine. In the duodenum, bile breaks up large globules of lipids into smaller globules that are easier for enzymes to break down. Bile also reduces the acidity of food entering from the highly acidic stomach. This is important because digestive enzymes that work in the duodenum need a neutral environment. The pancreas contributes to the neutral environment by secreting bicarbonate, a basic substance that neutralizes acid.

Absorption in the Small Intestine

The jejunum is the second part of the small intestine, where most nutrients are absorbed into the blood. The mucous membrane lining the jejunum is covered with millions of microscopic, fingerlike projections called **villi** (singular, villus). Villi contain many capillaries, and nutrients pass from the villi into the bloodstream through the capillaries. Because there are so many villi, they greatly increase the surface area for absorption. In fact, they make the inner surface of the small intestine as large as a tennis court!

The ileum is the third part of the small intestine. A few remaining nutrients are absorbed here. Like the jejunum, the inner surface of the ileum is covered with villi that increase the surface area for absorption.

Questions

1. What happens in the small intestine?

2. List and describe three enzymes of the small intestine.

- 3. What is bile? What is the function of bile?
- 4. What are the three parts of the small intestine?
- 5. What is the role of the villi in the jejunum?

Lesson 23.3: Multiple Choice

Name

Class_

Date

Circle the letter of the correct choice.

- 1. The gastrointestinal tract is a long tube that includes
 - (a) the mouth, stomach, intestines and anus.
 - (b) the mouth, stomach, intestines, liver and anus.
 - (c) the mouth, stomach, intestines, liver, gallbladder and anus.
 - (d) the mouth, stomach, intestines, liver, gallbladder, pancreas and anus.
- 2. The organs of the GI tract are lined with
 - (a) enzymes that break down food.
 - (b) cilia to sweep food through the GI tract.
 - (c) mucous membranes that secrete digestive enzymes and absorb nutrients.
 - (d) all of the above.
- 3. Which of the following statements is the best description of digestion?
 - (a) Mechanical digestion is the physical breakdown of food, and chemical digestion is the chemical breakdown of food molecules.
 - (b) Chemical digestion is the physical breakdown of food, and mechanical digestion is the chemical breakdown of food molecules.
 - (c) Chemical digestion is the physical breakdown of food, and mechanical digestion is the mechanical breakdown of food molecules.
 - (d) Mechanical digestion occurs in your mouth, and chemical digestion occurs in your stomach.
- 4. In your mouth,
 - (a) pepsin begins the acidic digestion of proteins.
 - (b) amylase begins the chemical digestion of carbohydrates.
 - (c) amylase begins the mechanical digestion of carbohydrates.
 - (d) amylase, pepsin, trypsin, and other enzymes start to break down food.
- 5. The stomach
 - (a) digests food both mechanically and chemically.
 - (b) contains pepsin, which chemically digests protein.
 - (c) has an acidic environment, which kills bacteria in food and is needed for the stomach enzymes to function.
 - (d) all of the above
- 6. In the small intestine,
 - (a) most nutrients from food are absorbed into the blood.
 - (b) excess water is absorbed from food.
 - (c) the mechanical breakdown of food is completed.
 - (d) partly digested food is stored until ready for the final aspects of digestion.
- 7. The large intestine includes
 - (a) the duodenum, jejunum, and ileum.
 - (b) the GI tract, from the mouth to the anus.
 - (c) the cecum, colon, and rectum.
 - (d) the duodenum, jejunum, ileum, cecum, colon, and rectum.
- 8. Nutrients

- (a) include carbohydrates, proteins, lipids, and water.
- (b) are needed for energy, building materials, and control of body processes.
- (c) include chemical elements like calcium and potassium.
- (d) all of the above

Lesson 23.3: Vocabulary I

Name_	Class Date
Match t	the vocabulary word with the proper definition.
Definit	tions
	_ 1. an involuntary muscle contraction that moves rapidly along an organ
	_ 2. a relatively wide tube that connects the small intestine with the anus
	_ 3. a long tube that connects the mouth with the anus
	4. the process in which substances pass into the bloodstream
	_ 5. shows the relative amounts of foods in different food groups you should eat each day
	_ 6. substances the body needs for energy, building materials, and the control of body process
	$_$ 7. a long, narrow tube that passes food from the pharynx to the stomach
	8. the breakdown of food
	9. consists of organs that break down food and absorb nutrients
	$_$ 10. the chemical breakdown of large, complex food molecules
	11. microscopic, finger-like projections of the jejunum
	12. a sac-like organ in which food is further digested
	$_$ 13. organic compounds that are needed by the body to function properly
	_ 14. the site of most chemical digestion and virtually all absorption
	_ 15. the physical breakdown of chunks of food
Terms	
a. absor	rption
b. chem	nical digestion
c. diges	stion
d. diges	stive system
e. esopl	hagus
f. gastr	cointestinal tract
g. large	e intestine
h. mech	hanical digestion
i. MyPy	yramid
j. nutrie	ents
k. peris	stalsis
l. small	l intestine
m. ston	nach
n. villi	

Lesson 23.3: Vocabulary II

Name	Class	Date
Fill in the blank with the	he appropriate term.	
1. Peristalsis is an	muscle contraction that n	noves rapidly along an organ.
2. The chemically.	is a sac-like organ in which food is	further digested both mechanically and
3. The small intestine of	consists of three parts: the duodenum,	, and ileum.
4. Macronutrients inclu	ıde carbohydrates,, lij	pids, and water.
5	shows the relative amounts of foods you s	should eat each day.
6	is the process in which substances pass in	to the bloodstream.
7. The large intestine c	consists of three parts: the cecum,	, and rectum.
8	is the process in which wastes leave the b	ody.
9 simpler nutrient molecu	_ digestion is the chemical breakdown of lar ules.	ge, complex food molecules into smaller,
10. Mechanical	is the physical breakdown of	chunks of food into smaller pieces.
11. The	is where most nutrients are absorbe	d into the blood.
12. Body mass	is an estimate of the fat cont	cent of the body.

Lesson 23.3: Critical Writing

Name_

_____ Class_____ Date_____

Thoroughly answer the question below. Use appropriate academic vocabulary and clear and complete sentences.

Identify three classes of nutrients and their functions in the human body.

23.4 The Excretory System

Lesson 23.4: True or False

Name_	Class	Date
Write t	rue if the statement is true or false if the statement is false.	
	_ 1. If you exercise on a hot day, you are likely to lose a lot of	sweat in water.
1.5 pint	2. The kidneys filter all the blood in the body many times eas of urine.	ach day and produce a total of about
	_ 3. The amount of water lost in urine is controlled by the kield	lneys.
	$_$ 4. The kidney is the structural and functional unit of the ne	ephron.
	$_$ 5. Excretion is one of the major ways the body maintains h	omeostasis.
	_ 6. The bladder stores urine.	
	$_$ 7. The kidneys are a pair of bean-shaped organs just below	the waist.
	_ 8. The skin is considered an excretory organ.	
	9. A single kidney may have more than a million nephrons.	
	$_$ 10. Kidney stones are common. Many people have kidney s	tones and do not even know it!
the bloc	_ 11. The main function of the urinary system is to filter wa od and excrete them from the body.	ste products and excess water from
	$_$ 12. Urine leaves the body through the urethra.	
	13. Urine leaves the body through the process of excretion.	
	_ 14. The kidneys play very important roles in homeostasis.	
	15. Vidnow failuma is treatable	

_____15. Kidney failure is treatable.

Lesson 23.4: Critical Reading

Name

Class

_____ Date

Read these passages from the text and answer the questions that follow.

Excretion

Excretion is the process of removing wastes and excess water from the body. It is one of the major ways the body maintains homeostasis. Although the kidneys are the main organs of excretion, several other organs also excrete wastes. They include the large intestine, liver, skin, and lungs. All of these organs of excretion, along with the kidneys, make up the **excretory system**. This lesson focuses on the role of the kidneys in excretion. The roles of the other excretory organs are summarized below:

- The large intestine eliminates solid wastes that remain after the digestion of food.
- The liver breaks down excess amino acids and toxins in the blood.
- The skin eliminates excess water and salts in sweat.
- The lungs exhale water vapor and carbon dioxide.

Lesson Summary

- The kidneys filter blood and form urine. They are part of the urinary system, which also includes the ureters, bladder, and urethra.
- Each kidney has more than a million nephrons, which are the structural and functional units of the kidney. Each nephron is like a tiny filtering plant.
- The kidneys maintain homeostasis by controlling the amount of water, ions, and other substances in the blood. They also secrete hormones that have other homeostatic functions.
- Kidney diseases include kidney stones, infections, and kidney failure due to diabetes. Kidney failure may be treated with dialysis.

Questions

- 1. What is excretion?
- 2. What are the body's organs of excretion?
- 3. Describe the role in excretion of two organs other than the kidney.
- 4. What is a nephron? What role do nephrons play in the kidney?

5. Excretion is one of the major ways the body maintains homeostasis. What role does the kidney play in maintaining homeostasis?

Lesson 23.4: Multiple Choice

Name

Class_

Date

Circle the letter of the correct choice.

- 1. Excretion involves which of the following?
 - (a) The large intestine eliminates solid wastes that remain after the digestion of food.
 - (b) The lungs break down excess amino acids and toxins in the blood.
 - (c) The liver eliminates excess water and salts in sweat.
 - (d) The skin exhales water vapor and carbon dioxide.
- 2. The main function of the urinary system is to
 - (a) form urine.
 - (b) remove excess water from the body.
 - (c) filter waste products and excess water from the blood and excrete them from the body.
 - (d) eliminate solid wastes that remain after the digestion of food.
- 3. The function of the kidney is to
 - (a) eliminate excess water and salts.
 - (b) filter blood and form urine.
 - (c) excrete water vapor and carbon dioxide.
 - (d) destroy excess amino acids and toxins in the blood.
- 4. In the nephron, when blood moves diffuses out of the capillaries, it enters the
 - (a) renal artery of the nephron.
 - (b) glomerulus of a nephron.
 - (c) Bowman's capsule.
 - (d) renal tubule of the nephron.
- 5. Urine follows which of the following pathways?
 - (a) collecting ducts of the kidneys, ureters, bladder, urethra.
 - (b) collecting ducts of the kidneys, bladder, ureters, urethra.
 - (c) bladder, collecting ducts of the kidneys, ureters, urethra.
 - (d) collecting ducts of the kidneys, urethra, bladder, ureters.
- 6. The role of the kidneys in homeostasis includes which of the following?
 - (a) The kidneys control the amount of water, ions, and other substances in the blood.
 - (b) The kidneys secrete hormones that regulate other body processes.
 - (c) The kidneys filter all the blood in the body many times each day.
 - (d) all of the above
- 7. Kidney "stones"
 - (a) are infections of the urinary tract, especially the bladder.
 - (b) are mineral crystals that form in urine inside the kidney.
 - (c) can result in damage to the capillaries of nephrons.
 - (d) are used when blood is filtered through a machine.

Lesson 23.4: Vocabulary I

Name	Class	Date
Match th	he vocabulary word with the proper definition.	
Definiti	ions	
	1. includes the kidneys, large intestine, liver, skin, and lungs	
	2. how urine leaves the body	
	3. a muscular tube that carries urine out of the body	
	4. filters waste products and excess water from the blood and exc	retes them from the body
	5. the liquid waste product of the body $\frac{1}{2}$	
	6. when the kidneys lose much of their ability to filter blood	
	7. the process of removing wastes and excess water from the body	7
	8. two muscular tubes that move urine by peristalsis to the bladd	er
	9. the structural and functional units of the kidneys	
	10. a hollow, sac-like organ that stores urine	
	11. a medical procedure in which blood is filtered through a mach	ine
Terms		
a. bladde	er	
b. dialys	sis	
c. excret	tion	
d. excret	tory system	
e. kidney	y failure	
f. nephro	on	
g. ureter	rs	
h. urethr	ra	
i. urinary	y system	
j. urinati	ion	
k. urine		

Lesson 23.4: Vocabulary II

Name	Class	Date
Fill in the blank with the appropriate term.		
1. The large intestine eliminates solid wastes that remain after the digestion of		
2. The elimin	ates excess water and salts in	sweat.
3. The lungs exhale water vapor and		
4. The function of the	is to filter blood and	form urine.
5. The is a hollow, sac-like organ that stores urine.		
6 are the structural and functional units of the kidneys.		
7. The kidneys filter all the	in the body ma	ny times each day.
8. A single may have more than a million nephrons.		
9. If you exercise on a hot day, you	are likely to lose a lot of	in sweat.
10. Blood enters the kidney through the artery.		
11. The urethra is a muscular tube that carries out of the body.		
12. Kidney are mineral crystals that form in urine inside the kidney.		

Lesson 23.4: Critical Writing

Name__

_____ Class_____ Date_____

Thoroughly answer the question below. Use appropriate academic vocabulary and clear and complete sentences.

Explain how the urinary system filters blood and excretes wastes.